



Planning, implementation, management or co-management of professional or occupational training programs is another aim of our center. Those programs are suitable for university students, mental health trainees and professionals (psychiatrists, psychologists, physicians, nurses, speech therapists etc) or teachers and trainers (primary and secondary education, participants in health promotion programs, teachers in special education).

These programs are of a post-secondary education level and provide a high quality specialized theoretical and clinical training on mental and psychosomatic health topics.

In this first phase, emphasis is given to the training of mental health professional in Cognitive Behaviour Therapy-CBT; this will be done in close collaboration with the Greek association for [Cognitive and Behavioural Psychotherapies-GACBP](#)